

Okay, this is the consultation summary for patient Anna Thompson. Date of birth is 14th of August, 1987. Today is the 3rd of February, 2025. The patient came in complaining of a persistent dry cough, nasal congestion, and mild chest discomfort when breathing deeply. She reports the symptoms have been going on for about 8 days now. Medical history includes mild asthma diagnosed in childhood, no recent exacerbations, and she's not currently on any regular medication. No known drug allergies. On examination, lungs clear on auscultation except for slight wheezing at the end of expiration. Oxygen saturation at 98%. No fever temperature was 36.9. Heart rhythm normal. We performed a rapid antigen COVID test, which came back negative. No other labs today. My working diagnosis is viral upper respiratory infection with mild reactive airway involvement. Treatment, I prescribed an inhaled bronchodilator for short-term use and recommended over-the-counter antihistamines for the congestion. She was advised to rest, stay hydrated, and monitor symptoms. Follow-up instructions, if symptoms worsen, especially shortness of breath or fever above 38.5, she should return or call the clinic. Otherwise, follow up in one week if not improved. No referrals at this time. Attachments include the COVID test result printout.