Standard states of the elements

The most stable form of an element at 298 K and 1 atm ("STP")

Metals

All solids except one (which one?)

Metalloids

All solids

Nonmetals

Atomic gases – Noble gases
He, Ne, Ar, Kr, Xe, Rn

Diatomics – halogens and H_2, N_2, O_2
H_2, N_2, O_2 (gas)

F_2 (gas)
Cl_2 (gas)
Br_2 (liquid)
I_2 (solid)
} Halogens (group 7)

Other nonmetals – solids
C (graphite), S, P, Se

PERIODIC TABLE of the ELEMENTS

Standard States

MAIN GROUPS												MAIN GROUPS					
1A 1																	8A 18
1 **H** 1.008	2A 2											3A 13	4A 14	5A 15	6A 16	7A 17	2 **He** 4.003
3 **Li** 6.941	4 **Be** 9.012					TRANSITION METALS						5 **B** 10.811	6 **C** 12.011	7 **N** 14.007	8 **O** 15.999	9 **F** 18.998	10 **Ne** 20.180
11 **Na** 22.990	12 **Mg** 24.305	3B 3	4B 4	5B 5	6B 6	7B 7	8B 8	8B 9	8B 10	1B 11	2B 12	13 **Al** 26.982	14 **Si** 28.086	15 **P** 30.974	16 **S** 32.066	17 **Cl** 35.453	18 **Ar** 39.948
19 **K** 39.098	20 **Ca** 40.078	21 **Sc** 44.956	22 **Ti** 47.867	23 **V** 50.942	24 **Cr** 51.996	25 **Mn** 54.938	26 **Fe** 55.845	27 **Co** 58.933	28 **Ni** 58.693	29 **Cu** 63.546	30 **Zn** 65.39	31 **Ga** 69.723	32 **Ge** 72.61	33 **As** 74.992	34 **Se** 78.96	35 **Br** 79.904	36 **Kr** 83.80
37 **Rb** 85.468	38 **Sr** 87.62	39 **Y** 88.906	40 **Zr** 91.224	41 **Nb** 92.906	42 **Mo** 95.94	43 **Tc** [98]	44 **Ru** 101.07	45 **Rh** 102.90	46 **Pd** 106.42	47 **Ag** 107.87	48 **Cd** 112.41	49 **In** 114.82	50 **Sn** 118.71	51 **Sb** 121.76	52 **Te** 127.60	53 **I** 126.90	54 **Xe** 131.29
55 **Cs** 132.91	56 **Ba** 137.33	57 **La*** 138.91	72 **Hf** 178.49	73 **Ta** 180.95	74 **W** 183.84	75 **Re** 186.21	76 **Os** 190.23	77 **Ir** 192.22	78 **Pt** 195.08	79 **Au** 196.97	80 **Hg** 200.59	81 **Tl** 204.38	82 **Pb** 207.2	83 **Bi** 208.98	84 **Po** [209]	85 **At** [210]	86 **Rn** [222]
87 **Fr** [223]	88 **Ra** [226]	89 **Ac**** [227]	104 **Rf** [261]	105 **Db** [262]	106 **Sg** [266]	107 **Bh** [264]	108 **Hs** [265]	109 **Mt** [268]	110 [269]	111 [272]	112 [277]		114 [285]		116 [289]		118 [293]

* LANTHANOIDS	58 **Ce** 140.12	59 **Pr** 140.91	60 **Nd** 144.24	61 **Pm** [145]	62 **Sm** 150.36	63 **Eu** 151.96	64 **Gd** 157.25	65 **Tb** 158.92	66 **Dy** 162.50	67 **Ho** 164.93	68 **Er** 167.26	69 **Tm** 168.93	70 **Yb** 173.04	71 **Lu** 174.97
** ACTINOIDS	90 **Th** 232.04	91 **Pa** 231.04	92 **U** 238.03	93 **Np** [237]	94 **Pu** [244]	95 **Am** [243]	96 **Cm** [247]	97 **Bk** [247]	98 **Cf** [251]	99 **Es** [252]	100 **Fm** [257]	101 **Md** [258]	102 **No** [259]	103 **Lr** [262]