

## City Medical Centre

Dr. Anil Sharma | MBBS, MD | Reg No: 12345

Patient: Rahul Verma | DOB: 15-Mar-1985

Date: 2024-11-10

### Rx:

1. Metformin 500mg - twice daily after meals - 90 days

For: Type 2 Diabetes management

2. Atorvastatin 10mg - once daily at bedtime - 90 days

For: High cholesterol

3. Aspirin 75mg - once daily - 90 days

For: Cardiovascular prevention

Follow-up in 3 months. Monitor HbA1c and lipid profile.

Avoid alcohol. Take Metformin with food.